



Raceland May 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BC-Body Combat BP- Body Pump BS- Body Step BF- Body Flow BA-Body Attack CX-CX-Worx		1 5:00am BC Mike 8:30am BS Mary 9:35am CX-Worx 4:20pm BP Brandy 5:30pm BS Nicole 6:40 pm BF Betsy/ Deanna	2 5:00am BP Kassie 8:30am BP Mary 10:00amSS Kassie 4:20pmBA Nicole 5:30 pm BC Brandi/ Mike	3 5:00am BA Becky 8:30am BC Stacie 4:20pm CX/BF Nicolle/ Deanna 5:30 pm BP Brandi	4 5:00 BP Kassie 8:30am BA Trena 10:00am SS Kassie	5 8:30am BC/Flow Crystal/Deanna
6 	7 5:00am BS Nicole 8:30am BP Linda 10:00am SSCC Linda 4:20pmBC Crystal 5:30pm BP Trena	8 5:00am BC Mike 8:30am BS Mary 9:35am CX-Worx 4:20pm BP Brandy 5:30pm BS Nicole 6:40 pm BF Betsy/ Deanna	9 5:00am BP Kassie 8:30am BP Mary 10:00amSS Kassie 4:20pmBA Nicole 5:30 pm BC Brandi/ Mike	10 5:00am BA Becky 8:30am BC Stacie 4:20pm CX/BF Nicolle/ Deanna 5:30 pm BP Brandi	11 5:00 BP Kassie 8:30am BA Trena 10:00am SS Kassie	12 8:30am BP/CX Brandy
13 	14 5:00am BS Nicole 8:30am BP Linda 10:00am SSCC Linda 4:20pmBC Crystal 5:30pm BP Trena	15 5:00am BC Mike 8:30am BS Mary 9:35am CX-Worx 4:20pm BP Brandy 5:30pm BS Nicole 6:40 pm BF Team	16 5:00am BP Kassie 8:30am BP Mary 10:00amSS Kassie 4:20pmBA Nicole 5:30 pm BC Brandi/ Mike	17 5:00am BA Becky 8:30am BC Stacie 4:20pm CX/BF Nicolle/ Deanna 5:30 pm BP Brandi	18 5:00 BP Kassie 8:30am BA Trena 10:00am SS Kassie	19 8:30am BA/Flow Becky/Betsy
20 	21 5:00am BS Nicole 8:30am BP Linda 10:00am SSCC Linda 4:20pmBC Crystal 5:30pm BP Trena	22 5:00am BC Mike 8:30am BS Mary 9:35am CX-Worx 4:20pm BP Brandy 5:30pm BS Nicole 6:40 pm BF Team	23 5:00am BP Kassie 8:30am BP Mary 10:00amSS Kassie 5:30 pm BC Mike/ Brandi	24 5:00am BA Becky 8:30am BC Stacie 4:20pm CX/BF Nicolle/ Deanna 5:30 pm BP Brandi	25 5:00 BP Kassie 8:30am BA Trena 10:00am SS Kassie	26 8:30am BS/CX Nicole/Linda
	28 5:00am BS Nicole 8:30am BP Linda 10:00am SSCC Linda 4:20pmBC Crystal 5:30pm BP Trena	29 5:00am BC Mike 8:30am BS Mary 9:35am CX-Worx 4:20pm BP Brandy 5:30pm BS Nicole 6:40 pm BF Team	30 5:00am BP Kassie 8:30am BP Mary 10:00amSS Kassie 5:30 pm BC Mike/ Brandi	31 5:00am BA Becky 8:30am BC Stacie 4:20pm CX/BF Nicolle/ Deanna 5:30 pm BP Brandi		